

**The Heather Club**  
**Registered Charity No. 1015598**  
**Carey Baptist Church, Marlowes Hemel Hempstead HP1 1LD**

The club/day centre provides for older people with short-term memory loss and those who may be developing a dementia illness. The club also gives relatives and carers relief from their continuous caring role.

The club is held in the Memorial Hall at the rear of Carey Baptist Church, Marlowes, Hemel Hempstead (next to the new Marlowes Health and Wellbeing Centre).

Opening times are: Mondays and Wednesdays 10.00 am to 3.00 pm.

The club is open 44 weeks each year with closures for the weeks in which there is a Bank holiday and for the last three weeks in August and two weeks at Christmas/New Year.

Each day the club hires two minibuses from Community Action Dacorum to transport members to and from the club within the Hemel Hempstead area. People living outside Hemel Hempstead will need to make their own transport arrangement to get to the club. Some members have used Community Cars and can be booked at:

The Community Cars office is open five days a week

Monday to Friday, 9am to 1pm and 2pm to 5pm.

Call on 01442 212888 or email Deborah Fogdan at

[deborah@communityactiondacorum.org.uk](mailto:deborah@communityactiondacorum.org.uk)

There is a daily charge to members, currently £20 per day, which provides tea, coffee, soft drinks, biscuits, a two course main meal, transport in Hemel Hempstead, activities, entertainment and outings.

The club has a leader, three part time staff and 20 volunteers (all Disclosure and Barring Checked) and the club programme covers a range of activities including:

Chatting and making friends, reminiscence, table games and other activities, painting, gentle seated exercise, singing, dancing, and going out for walks, entertainers coming into the club, outings to places of interest such as Dunstable Downs, Ashridge Estate, Museums, meals out and canal boat rides. We welcome ideas of activities from members and relatives/carers.

An Application Form is required to be completed for new members, by the person making the referral, giving basic information about the person including their likes and dislikes and any health and safety information we would need to know about.

A Board of Trustees meets regularly to decide club policy and to monitor the running of the club.

The club has policies and procedures including:

Safeguarding of Vulnerable Adults, Risk Assessment, Health and Safety, Data Protection, Confidentiality, Volunteers and Complaints.

You are welcome to visit the club, just contact the number below and leave a message if you do not get an answer.

Thank you.

**The Heather Club on 07836 560684, Email on [theheatherclub@outlook.com](mailto:theheatherclub@outlook.com)**